M.A. DEGREE EXAMINATION, NOVEMBER – 2022

Seventh Semester

Home Science (Spl. I - Nutrition and Dietetics)

ADVANCED FOOD SCIENCE

(CBCS - 2019 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. Write about the functional classification of foods
- 2. Define fermentation
- 3. List out the toxic constituents in pulses
- 4. What is germination?
- 5. Write the composition of meat
- 6. Draw the structure of egg
- 7. List the composition of milk
- 8. Define rancidity
- 9. BIS
- 10. What is meant by fortification?

Part B

 $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Explain the cooking methods.

Or

- (b) Write and discuss the factors affecting gelatinization.
- 12. (a) Explain the effect of cooking on pulses.

Or

- (b) Explain about the pigments in fruits and vegetables.
- 13. (a) Explain the tenderization of meat.

Or

- (b) Describe about the curing of fish.
- 14. (a) Explain the hydrogenation process of fats.

Or

- (b) Explain the stages of sugar cookery.
- 15. (a) Enumerate the common adulterants present in food.

Or

(b) Explain AGMARK.

Part C

 $(3 \times 10 = 30)$

Answer any three questions.

- 16. Define gelatinization and explain advantages, factors affecting gelatinization.
- 17. Explain briefly effect of cooking on nutrients and pigments.

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- 18. Discuss briefly about the classification, selection and smoking of fish.
- 19. Briefly explain about the artificial sweetings.
- 20. Enumerate the fortification of cereal and cereal products.

M.A. DEGREE EXAMINATION, NOVEMBER - 2022

Seventh Semester

Home Science (Spl. I — Nutrition and Dietetics)

COMMUNITY NUTRITION AND EDUCATION

(CBCS - 2019 onwards)

Time: 3 Hours Maximum: 75 Marks

 $\mathbf{Part A} \qquad (10 \times 2 = 20)$

- 1. List the types of community nutrition.
- 2. Write the characteristics of Community nutrition.
- 3. What is fluorosis?
- 4. Write the types of nutrition education.
- 5. List out the national organization of nutrition programme.
- 6. Write the objectives of ICDS.
- 7. Define extension education.
- 8. What is innovation transfer model?
- 9. Write the objectives of national extension systems.
- 10. List out the functions of Panchayat union.

Part B $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Describe in details the types of community.

Or

- (b) How to assess the vital health statistics? Explain.
- 12. (a) Explain about the prevalence programme of vitamin A deficiency.

Or

- (b) Enumerate the problems of nutrition education.
- 13. (a) Explain about the polices of UNESCO.

Or

- (b) Write about DANIDA.
- 14. (a) Explain the process and principles of learning in extension education.

Or

- (b) Discuss the extension approaches in farming systems development.
- 15. (a) Write about the structures and functions of Panchayat union.

Or

(b) Explain the functions of state social welfare board.

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Part C $(3 \times 10 = 30)$

Answer any **three** questions.

- 16. Discuss dietary assessment.
- 17. How to executing and evaluating nutrition education programme?
- 18. Explain in details about the objectives and operation of primary health centre.
- 19. Enumerate the objectives and functions of agricultural extension.
- 20. Explain the role of national extension system in department of science and technology.

M.A. DEGREE EXAMINATION, NOVEMBER – 2022

Seventh Semester

Home Science (Spl-I: Nutrition and Dietetics)

FOOD PRODUCT DEVELOPMENT AND MARKETING

(CBCS - 2019 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. How will you define social concern?
- 2. Define health concerns.
- 3. Define Food Packaging.
- 4. List out some of the traditional Indian foods.
- 5. Define Case Study.
- 6. Write the abbreviation of SWOT.
- 7. Give any four sports person's food products.
- 8. Mention any four regulations of FSSAI.
- 9. Define marketing.
- 10. Write any two concepts of Marketing.

Part B

 $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Write down the classification of new food product development.

Or

- (b) What are the new food products in market? Explain.
- 12. (a) Discuss the standardization of formulation process.

Or

- (b) Write a short note on final project report.
- 13. (a) What are the assessment techniques of food processing?

Or

- (b) Describe in detail about business plan.
- 14. (a) What are the criteria for formulation of new food products for infants?

Or

- (b) Discuss on standard and safety of food and food products.
- 15. (a) Briefly write the concept of marketing.

Or

(b) Write about the role of export promoting agencies?

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Part C $(3 \times 10 = 30)$

Answer any **three** questions.

- 16. Discuss technological and governmental influences on food product development.
- 17. Elaborate the steps involve in food product development.
- 18. Elucidate the business idea generation and evaluation exercise in detail.
- 19. Describe the emergencies and therapeutic uses for the formulation of new food product.

20. Explain the export potential for selected Indian foods.

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Sub. Code 453EC2

M.A. DEGREE EXAMINATION, NOVEMBER - 2022

Seventh Semester

Home Science (Spl.I - Nutrition and Dietetics)

WOMEN AND SOCIETY

(CBCS - 2019 onwards)

Time: Three Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

Answer all questions.

All questions carry equal marks.

- 1. Define feminism.
- 2. Point out the role of gender in society.
- 3. What is Narmada valley project?
- 4. List the responsibilities of women in society.
- 5. Mention any two contributions of Mahatma Phule towards women development.
- 6. List any two reasons for women emancipation.
- 7. What is panchayat raj?
- 8. Give two examples each of women leaders' in pre independent and post-independent India.
- 9. Define NGO.
- 10. Expand AIWC and NCWIE.

Part B $(5 \times 5 = 25)$

Answer **all** questions, choosing either (a) or (b).

11. (a) Classify social reform movement.

Or

- (b) Brief on the concept of women's movement.
- 12. (a) Explain Indian Independence movement.

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- (b) Discuss women's status in India post- independence.
- 13. (a) Write a short note on the role of Rajaram Mohan Roy in women liberation.

Or

- (b) Describe the portrayal of women in Hinduism.
- 14. (a) Describe Women's bill.

Or

- (b) Write a short note on women's role in politics.
- 15. (a) Describe the main functions of NGO's?

Or

(b) Detail on Women's India Association.

Part C
$$(3 \times 10 = 30)$$

Answer any three questions.

- 16. Analyze the status of women through ages in India.
- 17. Describe
 - (a) Chipko movement
 - (b) Peasant movement.

- 18. Discuss the contribution of women social reformers in emancipation of women.
- 19. Elaborate the input of international and national women in Parliament through ages.

20. Narrate the impact of NGO's on women development.

M.A. DEGREE EXAMINATION, NOVEMBER - 2022

Ninth Semester

Home Science (Sp:I Nutrition and Dietetics)

MICRONUTRIENTS

(CBCS - 2018 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. List out the fat soluble vitamins.
- 2. Define metabolism.
- 3. How will you define digestion?
- 4. List the food sources of Vitamin B_{12} .
- 5. Write the RDA of calcium for Women.
- 6. How will you define toxicity?
- 7. Mention any four rich foods in zinc.
- 8. What is RDA?
- 9. What do you mean by acid base balance?
- 10. How will you define minerals?

Part B $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Explain the digestion and absorption of Vitamin A.

Or

- (b) Write a note on physiological functions of Vitamin D.
- 12. (a) Discuss on metabolism of Riboflavin.

Or

- (b) Describe the digestion of Thiamine.
- 13. (a) Explain the physiological functions of potassium.

Or

- (b) Write in detail on digestion of phosphorous.
- 14. (a) Elaborate on the metabolism of fluorine.

Or

- (b) Write the sources and deficiency disorder of Iodine.
- 15. (a) Differentiate between water and fat soluble vitamins.

Or

(b) Write a note on water and acid base balance.

Part C $(3 \times 10 = 30)$

Answer any three questions.

- 16. Elucidate the deficiency disorders of E and K in detail.
- 17. Write about the any two water soluble vitamins in detail.

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- 18. Elaborate the deficiency disorders of sodium and chloride.
- 19. Explain the methods of assessment and interrelationship between minerals.
- 20. Discuss the interrelationship between macro and micro minerals.

M.A. DEGREE EXAMINATION, NOVEMBER - 2022

Ninth Semester

Home Science (Specialization – I : Nutrition and Dietetics)

THERAPEUTIC NUTRITION

(CBCS - 2018 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. Write two objectives of diet therapy.
- 2. What are the symptoms of peptic ulcer?
- 3. Define cholecystitis.
- 4. Mention the etiology of liver disorders.
- 5. Define Hypertension.
- 6. How does antioxidant helps in prevention of diseases?
- 7. What do you mean by Insulin Dependent?
- 8. Name the foods which are high in GI.
- 9. Write the symptoms of Osteoporosis.
- 10. What do you mean by Alzheimer disease?

Part B

 $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) What are the principles of diet therapy?

Or

- (b) Write a short note on Constipation.
- 12. (a) Explain dietary regimen in Jaundice.

Or

- (b) Discuss on Hepatic Coma.
- 13. (a) Write the causes and prevention on Hypercholesterolemia.

Or

- (b) Explain dietary interventions of Anaemia.
- 14. (a) What are the risk factors of Cardiac Diseases?

Or

- (b) Discuss on causes of cancer cell development.
- 15. (a) Discuss on Parkinson's disease.

Or

(b) Write the dietary modifications for Dental Caries.

Part C $(3 \times 10 = 30)$

Answer any three questions.

- 16. Explain in detail on hospital diets.
- 17. Explain the aetiology and dietary management of Renal failure.

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- 18. Write about the prevention and dietary management of Congestive Heart Failure.
- 19. Discuss on nutrition of Cancer.

20. Elaborate on the dietary management of AIDS.

M.A. DEGREE EXAMINATION, NOVEMBER - 2022.

Ninth Semester

Home Science (Spl - I: Nutrition and Dietetics)

NUTRACEUTICALS AND NUTRIGENOMICS

(CBCS - 2018 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. Define traditional food.
- 2. List any four designer foods.
- 3. Give examples of good sources of FOSHU foods.
- 4. Define health.
- 5. List out any four probiotics foods.
- 6. How will you define nutrition?
- 7. What do you mean by transcription?
- 8. Define nutrigenomics.
- 9. List any four essential amino acids.
- 10. Define nucleotides.

Part B $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Elaborate the components of functional foods.

Or

- (b) Write down the classification of nutraceuticals based on mechanism of action.
- 12. (a) Discuss on FOSHU foods and its concepts and regulatory aspects.

Or

- (b) Elaborate on concept of dietary supplements.
- 13. (a) Differentiate prebiotic and probiotic.

Or

- (b) Discuss on human gastrointestinal tract and its macrobiotic functions.
- 14. (a) Explain the nutritional implications of gene expression.

Or

- (b) Discuss on post translational modification in gene expression.
- 15. (a) Write down the basic concepts of nutrigenomics and complex disease in cancer.

Or

(b) Explain the control of gene expression in amino acids.

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Part C $(3 \times 10 = 30)$

Answer any **three** questions.

- 16. Outline the history of functional foods and nutraceuticals.
- 17. Elaborate on FOSHU foods in health and disease.
- 18. Write on the applications of probiotics in human nutrition.
- 19. Discuss on post translational modification and nutritional implications.
- 20. Explain the basic concepts of nutrigenomic and complex disease in diabetes.

M.A. DEGREE EXAMINATION, NOVEMBER - 2022

Ninth Semester

Home Science (Spl. I — Nutrition and Dietetics)

HOUSE KEEPING AND FRONT OFFICE MANAGEMENT

(CBCS - 2018 onwards)

Time: 3 Hours Maximum: 75 Marks

Part A $(10 \times 2 = 20)$

- 1. What is Housekeeping?
- 2. What s the role of housekeeping department in a hotel?
- 3. Who is runner?
- 4. State any four qualities of a store keeper.
- 5. Explain Housekeeping control desk.
- 6. What is lost and found register?
- 7. What is the role of a concierge?
- 8. What is front office?
- 9. What are sources of reservation?
- 10. What is front office cashier?

Part B

 $(5 \times 5 = 25)$

Answer all questions, choosing either (a) or (b).

11. (a) Mention the important functions of housekeeping department.

Or

- (b) What is the role of housekeeping in guest satisfaction and repeat business?
- 12. (a) Bring out the job description of Floor supervisor.

Or

- (b) Explain the role of an Executive Housekeeper in a hotel.
- 13. (a) What are the equipment used in housekeeping?

Or

- (b) Why is co-ordination between maintenance and housekeeping vital? Explain giving relevant examples.
- 14. (a) Bring out the qualities of front office staff.

Or

- (b) Discuss the job description of front office assistant.
- 15. (a) What is guest folio in front office? Give model statement.

Or

(b) What are the modes of making a reservation?

R7203

Part C $(3 \times 10 = 30)$

Answer any three questions.

- 16. Briefly explain about the different areas of housekeeping.
- 17. Illustrate the organizational structure of housekeeping department in a large sized hotel.
- 18. Describe the role of housekeeping control desk.
- 19. Highlight the duties and responsibilities of front office manager.
- 20. Briefly discuss about guest cycle.

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